

MOTION BY SUPERVISOR DON KNABE

March 23, 2004

Los Angeles County and the Department of Parks and Recreation have a strong interest in providing an environment conducive to the health of children, which leads to better school attendance, improved behavior, lower incident of illness, and increased attention, creativity and academic achievement.

Epidemic proportions of childhood obesity are now prevalent throughout the County, with a two-fold increase over the past two decades and a three-fold increase in adolescent obesity, necessitating preventive measures be established to educate youth about how obesity can lead to heart disease, diabetes, cancer death and overall chronic diseases.

Health and nutrition education and physical fitness are essential to all members of the family, with research confirming that prevention programs offer significant benefit to the populations at large, and with the many County park facilities that can be used to provide programs to help with this essential public education. It is through the implementation of fun physical fitness programs and by learning proper eating habits that we can achieve this goal.

In recognizing April as Healthy Parks Month, Los Angeles County joins the Department of Parks and Recreation in encouraging all incorporated cities in Los Angeles County and other concerned non-profit agencies to participate in this countywide effort.

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MOTION

MOLINA	_____
BURKE	_____
YAROSLAVSKY	_____
ANTONOVICH	_____
KNABE	_____

I, THEREFORE, MOVE that the Board of Supervisors of the County of Los Angeles does hereby proclaim the month of April 2004 as Healthy Parks Month throughout the County of Los Angeles.

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